Navachethan Care Centre

Sri Sai Seva Prathistanam
Love, Serve & Care

Our Services at an Affordable Price



NAVACHETHAN CARE CENTRE

Recovering from a hospital stay or managing a long-term illness can be a challenging experience. The fast-paced lifestyle, heavy traffic, and limited access to reliable healthcare at home make recovery seem overwhelming. We understand these difficulties and offer Caregiving services at our facility to ensure that your recovery process is as smooth and comfortable as possible. With 24 Hours Caretaker Service, you or your loved ones can receive consistent support throughout the day and night.

Contact now:

8281543736 info@navachethancare.com www.navachethancare.com

The goal of a Care Centre is not only to save lives during medical emergencies but also to ensure dignity, compassion, and holistic care for elderly patients in their most vulnerable moments.

Navachethan Care Centre is a collaboration between Shri Sai Seva Prathistanam and Dr. Shama Bhat's family. Shri Sai Seva Prathistanam is a well-known household name in the services for the destitute, old age people, underprivileged and mentally ill patients and mentally unstable people with no care takers. Dr. Bhat's family are the promotors of Bhat Biotech India (P) Ltd, Bangalore, which manufactures and markets diagnostic and Biotech Products and the Navachethan Retirement Township, Puttur, for the seniors. Dr. Bhat's Family and Shri Sai Seva Prathistanam joined hands to promote Navachethan Care Centre to look after the critically ill patients who are not having big pockets and do not have the people to take care. The infrastructure for the project is provided by Dr. Bhat's family and is managed by the Shri Sai Seva Prathistanam, who are experts in similar care. The purpose is to provide special care at a **very affordable** price.

ABOUT US

A. Sri Sai Seva Prathistanam (SSSP), Daigoli, Manjeshwara Taluk, Kasaragod District, 671323, represented by Managing trustee, Dr. Uday Kumar Nooji. SSSP is a Charitable trust with Reg no 80/2007 Registered under Trust Act. SSSP is engaged in providing and taking care of the destitute, old age people, underprivileged and mentally ill patients. The management is led by Dr. Uday Kumar and Dr. Sharada Uday Kumar.

B. DR. Shama Bhat's (SB) family is engaged in the management of Bhat Biotech India (P) Ltd, which is having a factory in Bangalore for manufacturing and marketing of Diagnostic kits and Biotech products and Navachethan Retirement Township at Puttur for the graceful living of senior citizens. SB and his family also have Bhat Biotech Foundation and Navachethan Foundation for the social services like education, health care and other socially relevant activities.

Our Services

DEMENTIA & ALZHEIMER'S CARE



Dementia and **Alzheimer's disease** are progressive neurological conditions that affect memory, thinking, behaviour, and the ability to perform everyday tasks.

- **Memory support** and cognitive stimulation
- **Assistance with daily living activities** (e.g., bathing, dressing, eating)
- **Medication management**
- **Behavioral support** for challenges like aggression, confusion, or wandering
- **Safe, structured environments** that reduce stress and prevent injury
- **Emotional and social engagement** to reduce isolation and depression
- **Family education and support** to help caregivers cope and plan for the future

Dementia is a progressive disease and needs evolving over time. **Trained caregivers** understand how to handle memory loss, confusion, and behavioural changes compassionately. Proper care not only improves the individual's quality of life but also eases the burden on family members.

GERIATRIC CARE



Geriatric care is a specialized branch of healthcare focused on meeting the unique medical, psychological, and social needs of **older adults**, typically aged 65 and above. As people age, they often face complex health issues that require a **comprehensive, coordinated, and compassionate approach** to care. Geriatric care aims to **enhance quality of life**, maintain **independence**, and manage **chronic conditions** commonly associated with aging.

Benefits of Geriatric Care

- Improved health outcomes and longevity
- Reduced hospitalizations and emergency visits
- Better management of multiple health conditions
- Enhanced mental and emotional well-being
- Greater independence and safety
- Support for family caregivers

ASSISTED CARE



ASSISTED CARE is a healthcare facility designed to provide **focused, expert care** for individuals with specific medical, physical, cognitive, or chronic conditions. Unlike general hospitals or clinics, these centers offer **targeted treatment, therapies, and support services** tailored to the unique needs of each patient group.

Whether addressing long-term illness, post-acute rehabilitation, memory-related conditions, or complex disabilities, specialized care centers play a vital role in improving patient outcomes, enhancing quality of life, and supporting families.

REHABILITATION CARE



Rehab Care — short for **Rehabilitation Care** — is a specialized area of healthcare that focuses on helping individuals recover, regain function, and improve their quality of life after illness, injury, surgery, or medical conditions that impact mobility, independence, or daily living. The goal is to **restore as much physical, mental, and emotional function as possible** to help individuals return to their highest level of independence.

PURPOSE OF REHAB CARE

Rehab care is designed for individuals who may have experienced:

- Stroke or brain injury
- Orthopedic surgery (e.g., hip/knee replacement)
- Spinal cord injuries
- Fractures or falls
- Neurological conditions (e.g., Parkinson's disease, multiple sclerosis)
- Cardiac or pulmonary conditions
- Chronic pain or functional decline due to aging

PALLIATIVE CARE AND HOSPICE CARE



Palliative Care and **Hospice Care** are specialized forms of medical support designed to improve the **quality of life** for individuals facing serious, life-limiting, or terminal illnesses. These care approaches focus not on curing illness, but on **comfort, dignity, and support** — for both the patient and their family.

Although they share similar goals, **palliative care** and **hospice care** differ in timing, scope, and eligibility.

Palliative care is a type of supportive medical care for people living with **serious or chronic illnesses**, such as cancer, heart failure, COPD, or advanced kidney disease. It can be provided **at any stage of illness**, alongside curative treatments.

Hospice care is a type of palliative care provided to individuals who are in the **final stages of a terminal illness**, typically when life expectancy is **six months or less**, and curative treatments have been stopped.

KEY FEATURES OF HOSPICE CARE

- Prioritizes **comfort over cure**
- Provides **pain and symptom management**
- Offers **24/7 support** to patients

END OF LIFE CARE

End-of-life care refers to the comprehensive support provided to individuals who are in the **final stages of a terminal illness** or nearing the **end of their life**, regardless of the condition. The primary goal is to ensure that the person's final days, weeks, or months are spent with **comfort, dignity, and respect**, while also supporting their **emotional, spiritual, and practical needs** — as well as those of their family and loved ones.



WHO NEEDS END-OF-LIFE CARE?

This type of care is typically provided to individuals with:

- Terminal illnesses (e.g., advanced cancer, end-stage heart failure, dementia)
- Progressive neurological conditions (e.g., ALS, Parkinson's)
- Multiple chronic conditions in laste stages
- A limited life expectancy, often measured in months or weeks

SERVICE OFFERINGS

- Post-Surgery & Recovery Support
- Toileting & Incontinence Care
- Personal Hygiene Support
- Assist in Movement On Bed
- 24-Hour Care For Seniors With Dementia
- Vitals Monitoring & Basic Health Checks
- Mobility & Transfer Assistance
- Feeding Support & Nutritional Assistance
- Assistance in Activities of Daily Living
- Assistance in Ambulation
- Medication Reminders & Health Management
- Companionship & Emotional Support

Disclaimer: The pictures and data are provided for explanations only

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